

Option – BTEC Tech Award in Sport

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What the course involves

BTEC Tech Award in Sport give students the chance discover their aptitude for a career in the sector and develop essential knowledge and skills. BTECs help students develop knowledge and understanding through applying their learning to work-related contexts and gain the skills they need for further study and employment.

The BTEC Tech Award in Sport is structured as follows:

Component 1: Preparing Participants to Take Part in Sport and Physical Activity

Non exam internal assessment through written coursework

Students will explore the different types and provision of sport and physical activity available for different types of participants, barriers to participation and ways to overcome these barriers to increase participation in sport and physical activity. They will also research equipment and technological advances in a chosen sport or physical activity and how to prepare our bodies for participation in sport and physical activity

During component 1 students will:

- Explore types and provision of sport and physical activity for different types of participants
- Examine equipment and technology required for participants to use when taking part in sport and physical activity
- Be able to prepare participants to take part in sport and physical activity

Component 2: Taking Part and Improving Other Participants Sporting Performance

Assessed through written coursework and videoed practical performances

Students will investigate the components of fitness and their effect on performance, take part in practical sport, explore the role of officials in sport and learn to apply methods and sporting drills to improve other participants' sporting performance.

During component 2 students will:

- Understand how different components of fitness are used in different physical activities
- Be able to participate in sport and understand the roles and responsibilities of officials
- Demonstrate ways to improve participants sporting techniques

Component 3: Developing Fitness to Improve Other Participants Performance in Sport and Physical Activity

External assessment set and marked by Pearson, completed under exam conditions.

Students will be introduced to and develop an understanding of the importance of fitness and the different types of fitness for performance in sport and physical activity. They will also develop an understanding of the body and fitness testing.

During component 3 students will study:

- components of fitness, fitness tests, training methods/processes/principles in relation to improving fitness in sport and exercise

Further information: The course is designed to cater for all levels of ability; however it is essential that all pupils choosing the subject show a committed approach to participation in all activities. Pupils will also be required to wear school PE kit. **They are assessed through assignments and tasks rather than traditional exams**, yet still count as an 'open group' option for Progress 8.