

PSCHE & Citizenship

Key Stage 4 Curriculum

ASPIRE – ENDEAVOUR - SUCCEED

Purpose and aims

PSCHE (personal, social, careers health and economic) education is a school curriculum subject through which pupils develop the knowledge, skills and attributes they need to manage their lives, now and in the future. PSCHE education helps pupils to stay healthy, safe and prepared for life – and work – in modern Britain. When taught well, PSCHE also helps pupils to achieve their academic potential.

PSCHE education helps pupils to develop the knowledge, skills and attributes they need to thrive as individuals, family members and members of society. From making responsible decisions about alcohol to succeeding in their first job, PSCHE education helps pupils to manage many of the most critical opportunities, challenges and responsibilities they will face growing up.

PSCHE education makes a crucial contribution to schools' duties. The Education Act 2002 requires all schools to teach a curriculum that is '*broadly based, balanced and meets the needs of pupils*'. Schools must '*promote the spiritual, moral, cultural, mental and physical development of pupils at the school and of society, and prepare pupils at the school for the opportunities, responsibilities and experiences of later life*' whilst having a duty to keep pupils safe.

**Text in green indicates where statutory SRE curriculum is taught*

***Text in red indicates where citizenship curriculum is taught, including British Values and SMSC*

****Text in blue indicates cross curricular link to other subject*

*****Text in purple indicates employability and enterprise links*

NB: Some elements of the PSCHE and citizenship curriculum are also taught through assemblies/workshops/external speakers where appropriate.

Threshold concepts

At **key stage 4**, students deepen knowledge and understanding, extend and rehearse skills, and further explore attitudes, values and attributes acquired during key stage 3 at a deeper level. PSCHE education reflects the fact that students are moving towards an independent role in adult life, taking on greater responsibility for themselves and others.

There are 3 overall topics which underpin KS4 PSCHE. These are:

- Health and Wellbeing
- Living in the Wider World
- Relationships.

Within these topics are the statutory content for PSCHE (e.g. RSE 2020)

Sequence of learning

Year 10

Health and Wellbeing:

1. How harmful is binge drinking?
2. Psychoactive Drugs – Cannabis focus.

3. Managing Grief and Bereavement.
4. Why do some people become homeless and why is homelessness on the increase?
5. What are hate crimes and why do these still happen?
6. Why do some people commit suicide?
7. Social Media and Self-Esteem
8. Managing social anxiety

Relationships:

9. Using a condom to protect ourselves (double lesson) **link to Biology SOW in Year 10 (Sexually transmitted infections)*
10. What are forced and arranged marriages and what do we need to know?
11. Gender and Trans Identity LGBT+
12. Abortion – the arguments for and against
13. Why do sexism, gender prejudice and stereotypes still exist?
14. Revenge Porn – what is this and how can we prevent ourselves from being victims?
15. Same sex relationships
16. Parenting – the facts.

Living in the Wider World:

17. Crime, gangs and county lines (2 hours)
18. What rights and responsibilities do we have in the workplace? **Employability Behaviour: Professional Conduct*
19. What are employers looking for in CVs?
20. Writing a CV on Unifrog.
21. Choosing the right career for me.
22. Fake news and critical thinking
23. What is overt and covert racism and why are some people still prejudiced?
24. Why do some religious people become terrorists?

Year 11

Health and Wellbeing:

1. Gambling and Online Gaming
2. Identity and Diversity
3. Perseverance and procrastination? **Employability Behaviour: Resilience*

Relationships:

4. Risks of drug use at parties, festivals and clubs
5. Relationship Break Ups
6. What is 'Good Sex'?
7. How to use a condom to protect ourselves **link to Biology SOW in Year 10 (Sexually transmitted infections)*
8. Consent and Intimacy
9. Consent, rape and sexual abuse.
10. Long term commitments
11. Fertility and reproductive health **introductory lesson to Biology SOW in Year 11 (fertility/embryology)*
12. Bullying and Body Shaming

Living in the Wider World:

13. GCSE Revision and Study Skills
14. Applying to College and University
15. How can we successfully prepare for a job interview? **Employability Behaviour: Professional Conduct*
16. What is multiculturalism?

17. Why is Health and Safety at work so important?

Assessment

Assessment is an important aspect of the PSCH curriculum and takes the form of both summative and formative assessment, to ensure key messages are understood and misconceptions are addressed.

Formative assessment in PSCH includes: baseline assessments that are revisited in plenary activities, 'review of learning' tasks and traffic light plenaries.

Summative assessment of topics, in the form of multiple choice questions, is used to ensure key messages are understood and misconceptions addressed.

Curriculum links to careers

Careers education is taught explicitly as part of the PSCH curriculum. In Year 10, students learn about rights and responsibilities in the workplace, as well as writing a successful CV. This is developed in Year 11 with a focus on job interviews and applying to further education.

Careers education is taught in conjunction with the school careers platform, Unifrog and is flexible to allow for outside agencies to deliver specific workshops and/or assemblies.

Procedural knowledge

1. Acquiring and understanding accessible, relevant information in:

- Healthy lifestyles Emotional literacy
- Drug Education
- Anti-bullying/safety Citizenship/diversity Financial/careers education/RSE

2. Developing attitudes and values that underpin self-esteem, health and well-being, learning and achievement through:

- Exploring, considering, and understanding moral dilemmas
- Learning the importance of values and individual conscience and moral considerations
- Developing critical thinking as part of decision making
- Learning to respect & value difference & diversity
- Having structured opportunities for the exploration of personal attitudes and values
- Rights and responsibilities, for self and others

3. Developing personal and social skills by:

- Learning to identify their own emotions and those of others
- Learning to manage change
- Developing self-respect and empathy for others
- Learning how to identify risks
- Learning to make and carry out informed decisions
- Developing an appreciation of the consequences of choices made
- Managing conflict
- Learning about themselves