

ASPIRE – ENDEAVOUR - SUCCEED

Purpose and aims

PSCHE (personal, social, careers health and economic) education is a school curriculum subject through which pupils develop the knowledge, skills and attributes they need to manage their lives, now and in the future. PSCHE education helps pupils to stay healthy, safe and prepared for life – and work – in modern Britain. When taught well, PSCHE also helps pupils to achieve their academic potential.

PSCHE education helps pupils to develop the knowledge, skills and attributes they need to thrive as individuals, family members and members of society. From making responsible decisions about alcohol to succeeding in their first job, PSCHE education helps pupils to manage many of the most critical opportunities, challenges and responsibilities they will face growing up.

PSCHE education makes a crucial contribution to schools' duties. The Education Act 2002 requires all schools to teach a curriculum that is *'broadly based, balanced and meets the needs of pupils'*. Schools must *'promote the spiritual, moral, cultural, mental and physical development of pupils at the school and of society, and prepare pupils at the school for the opportunities, responsibilities and experiences of later life'* whilst having a duty to keep pupils safe.

Threshold concepts

At **key stage 5**, students deepen knowledge and understanding, extend and rehearse skills, and further explore attitudes, values and attributes acquired during key stage 3 and 4 at a deeper level – taking into account the wider contextual experiences of students of this age. PSCHE education at key stage 5 reflects the fact that students are moving towards an independent role in adult life, whether that be further education, employment and/or training, and taking on greater responsibility for themselves and others.

Sequence of learning

The Key Stage 5 PSCHE curriculum has been designed by the students themselves, the DSL and Key Stage 5 staff to ensure it is appropriate, relevant and meets the needs of our students. Sessions take place once per half term in the form of 'drop down' mornings and focus on the following areas:

- Sexual Health and Safe Sex
- Drugs and Responsible Choices
- Mental Health
- Healthy Relationships, Pregnancy and Responsible Choices
- Protected Characteristics and The Equality Act
- Politics & Democracy – How to Vote
- Financial Advice & The Cost of Living

PSCHE sessions at Key Stage 5 are taught by a combination of specialist teachers and external organisations as appropriate.

Year 12

Sex and Relationships

- Pornography, Self Esteem and Body Image
- Consent & Sexual Health

Health and Wellbeing

- Mental Health and Societal Pressures
- Healthy Lifestyles into Adulthood
- Drugs Education

Living in The Wider World

- Employability
- Work Related Learning
- Protected Characteristics & The Equality Act

Year 13

Sex & Relationships

- Revisiting Consent in Adult Relationships
- Fertility and Pregnancy Choices

Health and Wellbeing

- Gambling
- Mental Health and Leaving Home

Living in the Wider World

- Understanding Finance: Rent, Mortgages and Managing Money
- Politics: How to Vote

Assessment

Formative Assessment is ongoing in KS5 PSCHE sessions and can be evidenced by:

- plenaries at the end of sessions
- student feedback
- literacy tasks
- debate tasks

Curriculum links to careers

Students complete a work placement as part of their KS5 studies. Careers education is taught in conjunction with the school careers platform, Unifrog and is flexible to allow for outside agencies to deliver specific workshops and/or assemblies. Alongside this, students participate in careers workshops that focus on the following topics:

- UCAS Careers Quiz – Overview of different Post 18 options
- Unifrog – Interest profiles, Personality profiles, Work environment, Careers Library
- UCAS/Unifrog – How to search your options?
- Introduction to UCAS Hub – Registration
- Visit to University of Sheffield
- How could a Degree Apprenticeship work for me?
- What is Student Finance?

- How to write a phenomenal personal statement?
- How can I bolster my CV this summer?

Procedural knowledge

1. Acquiring and understanding accessible, relevant information in:

- Healthy lifestyles & Emotional literacy
- Drug Education
- RSE

2. Developing attitudes and values that underpin self-esteem, health and well-being, learning and achievement through:

- Exploring, considering, and understanding moral dilemmas
- Learning the importance of values and individual conscience and moral considerations
- Developing critical thinking as part of decision making
- Learning to respect & value difference & diversity
- Having structured opportunities for the exploration of personal attitudes and values
- Rights and responsibilities, for self and others

3. Developing personal and social skills by:

- Learning to identify their own emotions and those of others
- Learning to manage change
- Developing self-respect and empathy for others
- Learning how to identify risks
- Learning to make and carry out informed decisions
- Developing an appreciation of the consequences of choices made
- Managing conflict
- Learning about themselves