

## ASPIRE – ENDEAVOUR - SUCCEED

### Purpose and aims

PSCHE (personal, social, careers health and economic) education is a school curriculum subject through which pupils develop the knowledge, skills and attributes they need to manage their lives, now and in the future. PSCHE education helps pupils to stay healthy, safe and prepared for life – and work – in modern Britain. When taught well, PSCHE also helps pupils to achieve their academic potential.

PSCHE education helps pupils to develop the knowledge, skills and attributes they need to thrive as individuals, family members and members of society. From making responsible decisions about alcohol to succeeding in their first job, PSCHE education helps pupils to manage many of the most critical opportunities, challenges and responsibilities they will face growing up.

PSCHE education makes a crucial contribution to schools' duties. The Education Act 2002 requires all schools to teach a curriculum that is '*broadly based, balanced and meets the needs of pupils*'. Schools must '*promote the spiritual, moral, cultural, mental and physical development of pupils at the school and of society, and prepare pupils at the school for the opportunities, responsibilities and experiences of later life*' whilst having a duty to keep pupils safe.

*\*Text in green indicates where statutory SRE curriculum is taught*

*\*\*Text in red indicates where citizenship curriculum is taught, including British Values and SMSC*

*\*\*\*Text in blue indicates cross curricular link to other subject*

*\*\*\*\*Text in purple indicates employability and enterprise links*

*NB: Some elements of the PSCHE and citizenship curriculum are also taught through assemblies/workshops/external speakers where appropriate.*

### Threshold concepts

At **key stage 4**, students deepen knowledge and understanding, extend and rehearse skills, and further explore attitudes, values and attributes acquired during key stage 3 at a deeper level. PSCHE education reflects the fact that students are moving towards an independent role in adult life, taking on greater responsibility for themselves and others.

There are 3 overall topics which underpin KS4 PSCHE. These are:

- Health and Wellbeing
- Living in the Wider World
- Relationships.

Within these topics are the statutory content for PSCHE (e.g. RSE 2020)

### Sequence of learning

#### Year 10

#### Health and Wellbeing:

1. Managing our Mental Health –Triggers and Coping Strategies
2. Psychoactive Drugs – Cannabis focus.

3. Managing Grief and Bereavement.
4. **Social Media Pressures**
5. Suicide Awareness and Prevention
6. What are hate crimes?
7. How harmful is binge drinking?

#### **Relationships:**

8. Using a condom to protect ourselves (double lesson) *\*link to Biology SOW in Year 10 (Sexually transmitted infections)*
9. Revenge Porn – what is this and how can we prevent ourselves from being victims?
10. Abortion – a balanced argument
11. Same sex relationships
12. Parenting – the facts.
13. Sexual Harassment in the workplace

#### **Living in the Wider World:**

14. Crime, gangs and county lines
15. The Equality Act Revisited.
16. What rights and responsibilities do we have in the workplace (Equality Act 2010)? *\*Employability Behaviour: Professional Conduct*
17. What are employers looking for in CVs?
18. Writing a CV on Unifrog (completed during Enterprise Week)
19. **Extremism and Terrorism**

#### **Year 11**

#### **Health and Wellbeing:**

1. Mental Health Revisited – dealing with exam pressures
2. Gambling and Online Gaming
3. **Identity and Diversity**
4. Risks of drug use at parties, festivals and clubs
5. Body Shaming

#### **Relationships:**

6. Dealing with Relationship Break Ups
7. What is 'Good Sex'? Healthy intimate relationships explored
8. How to use a condom to protect ourselves - revisited *\*link to Biology SOW in Year 10 (Sexually transmitted infections)*
9. Understanding Enthusiastic Consent and Intimacy
10. Consent, rape and sexual abuse.
11. Fertility and reproductive health *\*introductory lesson to Biology SOW in Year 11 (fertility/embryology)*

#### **Living in the Wider World:**

12. GCSE Revision and Study Skills
13. Applying to College and University
14. How can we successfully prepare for a job interview? *\* Employability Behaviour: Professional Conduct*
15. **What is multiculturalism?**
16. Why is Health and Safety at work so important?

#### **Assessment**

Assessment in PSCE is crucial in order to ensure key knowledge is understood and misconceptions addressed. Formative assessment, in the form of memory recall, multiple choice questions and review of learning tasks, is ongoing and forms an integral part of regular PSCE lessons – to address any misconceptions immediately.

Summative assessments take place at the end of each unit to ensure key knowledge is understood and retained.

### **Curriculum links to careers**

Careers education is taught explicitly as part of the PSCE curriculum. In Year 10, students learn about rights and responsibilities in the workplace, as well as writing a successful CV. This is developed in Year 11 with a focus on job interviews and applying to further education.

Careers education is taught in conjunction with the school careers platform, Unifrog and is flexible to allow for outside agencies, for example DANCOP and local colleges, to deliver specific workshops and/or assemblies on career pathways and post 16 options.

### **Procedural knowledge**

#### **1. Acquiring and understanding accessible, relevant information in:**

- Healthy lifestyles Emotional literacy
- Drug Education
- Anti-bullying/safety Citizenship/diversity Financial/careers education/RSE

#### **2. Developing attitudes and values that underpin self-esteem, health and well-being, learning and achievement through:**

- Exploring, considering, and understanding moral dilemmas
- Learning the importance of values and individual conscience and moral considerations
- Developing critical thinking as part of decision making
- Learning to respect & value difference & diversity
- Having structured opportunities for the exploration of personal attitudes and values
- Rights and responsibilities, for self and others

#### **3. Developing personal and social skills by:**

- Learning to identify their own emotions and those of others
- Learning to manage change
- Developing self-respect and empathy for others
- Learning how to identify risks
- Learning to make and carry out informed decisions
- Developing an appreciation of the consequences of choices made
- Managing conflict
- Learning about themselves