

# Option – BTEC Health and Social Care

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## Why choose Health and Social Care?

This qualification is for students who are interested in taking a hands-on course alongside their GCSEs that will offer them an insight into what it is like to work in one of the fastest growing sectors in the UK: Health and Social Care. The course covers some of the fundamental aspects of health care and of social care, including growth and development, health and social care services and values, and health and wellbeing. Studying Health and Social Care will give you a broad introduction to a sector that includes a wide range of careers from social care and social work to many different branches of health care. The breadth of this course allows you to identify your strengths and interests to help inform your next steps in education and training.

The course is structured as follows:

### **Component 1 – Human Lifespan Development**

**30% of overall BTEC**

**Assessed through a supervised coursework task.**

You will explore different aspects of growth and development and the factors that can affect this across the life stages. For example, you will look at how a person grows and develops from birth up until old age.

You will explore the different events that can impact on individuals' physical, intellectual, emotional and social development. This can include events such as marriage, divorce, starting school or getting a job. You will consider how individuals cope with and are supported through changes caused by life events.

### **Component 2 – Health and Social Care Services and Values.**

**30% of overall BTEC**

**Assessed through a supervised coursework task.**

You will explore health and social care services and how they meet the needs of service users. You will also study the skills, attributes and values required when giving care. This unit focuses on ensuring that you have a good knowledge of the requirements of working in health and social care setting. You will learn about how to work effectively with your clients and how to support them and meet their needs. You will also find out about the legal requirements of working in a health and social care setting, for example safeguarding and duty of care.

**Component 3- Health and Wellbeing**  
**40% of overall BTEC**  
**Assessed through external examination.**

You will explore the factors that affect health and wellbeing, learning about physiological and lifestyle indicators, and person-centred approaches to make recommendations to improve an individual's health and wellbeing. You will be expected to look at a case study and identify the factors which are affecting this person's health. You will then be expected to come up with a plan to help them to become healthier and to meet their needs and preferences.

